



Parents meeting 2019-2020

Welcome to 2019-2020 season!





Parents meeting 2019-2020

Program:

Long Term Development – Sport & Life





Parents meeting 2019-2020

Squads general goals:

- Passion of Sport
- Develop an Athlete behaviour
- Technique development
- Competitive skills
- Social aspects





Parents meeting 2019-2020

Get involved!

- Membership
- Fundraising
- **Team Manager course**
- **Officials course**
- Committee supporter
- Committee members
- Regional Committee members
- National Committee members





Parents meeting 2019-2020

Good practice brings successful results:

- **Ready to go on time!**
- 10 minutes before session
- Warm up
- Main set
- Swim down
- Hydration
- **Equipment**
- Toilets
- Focus





Parents meeting 2019-2020

Competition Day:

Swimmers matters:

- Sign in and out
- Water
- Food
- Rubbish
- Footwear
- Keep warm
- Stay together
- Follow the TM & Coach instructions
- Support all Team Mates
- Warm up/Swim down
- Talk to the Coach before and after the race





Parents meeting 2019-2020

Competition Day:

Parents matters:

- Enter process – Coach invitation
- Swimmer “sigh in”
- Fill the Team Manager & Officials positions
- Be prepare to help if is necessary
- Support swimmers & Club
- Swimmer “sigh out”
- Results





Parents meeting 2019-2020

Meets Types:

Club & invitational galas – follow the rules & conditions of competition

Regional Development Meet – No QT qualify time required – However is necessary enter time!

Regional Qualify Meet – Connacht Region define “A” times QT

Dave McCullagh & Gerry Ryan Gala – require QT

Connacht SC & LC – require QT

Irish SC & LC – require QT

National Age Group Div1 & Div2 – require QT





Parents meeting 2019-2020

All meets to be classified based on year of birth
(except for schools competitions)



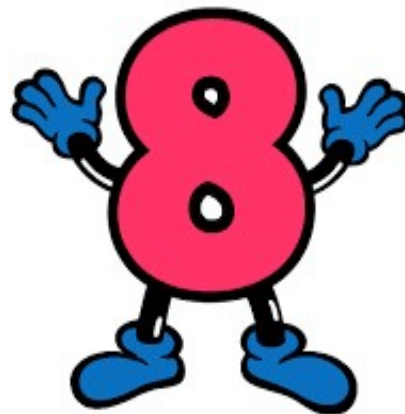


Swimming Domestic Competition Plan

Intra-Club – 8 years old upwards

Can be fitted in any available National Event Calendar

Intra-club meets have entries from one club only





Swimming Domestic Competition Plan

Inter-Club & Club Open Meets
9 years old upwards





Swimming Domestic Competition Plan

Regional Development Meets
&
Regional Qualifying Meets
10 years old upwards

10
Years Old





Swimming Domestic Competition Plan

Regional Meets/Championships
Irish National Division 2 Meet
11 years old upwards





Swimming Domestic Competition Plan

National Meets/Championships
12 years old upwards





Swimming Domestic Competition Plan

Definition of:

Qualifying



Consideration Times





Swimming Domestic Competition Plan

Qualifying

When an athlete achieves the Qualifying Time, the entry is guaranteed



When an athlete does not achieve the Qualifying Time, the entry will NOT be accepted



Swimming Domestic Competition Plan

Consideration



When an athlete achieves the Consideration Time, the entry will be considered.

The Meet managers will make their decision based on entry number and cut off accordingly per event

When an athlete does not achieve the Consideration Time, the entry will NOT be accepted



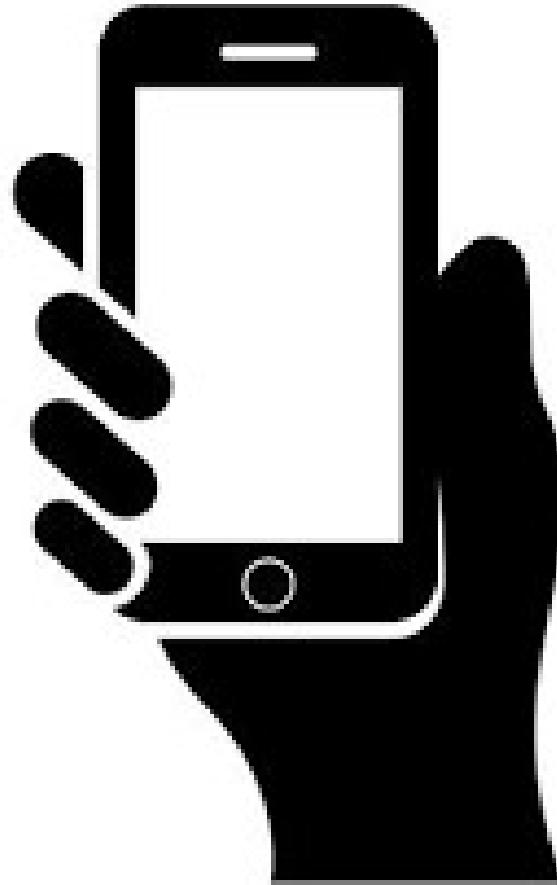
Swimming Domestic Competition Plan

Short Course season – September to December
Long Course season – January to August





Parents meeting 2019-2020





Parents meeting 2019-2020

Q & A

