## **Galas Procedures**

## **Team Manager Duties**

Collect the Club banner Contact Eduardo do arrange the collection of it

Define&Secure the Team Place Arrive at the Competition venue early to reserve space to Club Team

Sign in and out! Check all swimmers meet attendance

**Scratches** Verify if is there any scratches, it needs to be communicate to the official table before the end of warm up.

Payments If the payment wasn't made by bank transfer, fill up the Club check (collected from Club Gala Rep) with the adjusted amount after any scratches, and communicate the Club Treasurer & Club Gala Rep the final paid amount.

Send Swimmers 15/10min to "line up" Swimmers must line up 15/10 minutes before their races to assure that they wont miss their races

Check the results It is necessary to check the results for medals collection or podium ceremony, also to be sure that there is no DQ (disqualification), which only can be reviewed during the competition day.

**Team together** Ask swimmers to be part of Team all the Time, cheers their teammates and stay together.

Water Check if swimmers have and drink plaint water!

FOOD Check if swimmers are eating well: before, during and after their competition day.

Rubbish Advise swimmers to help to keep tidy & clean our "Club area" during and after competition.

Footwear Check of swimmers are wearing a footwear (filp flop or "pool shoes") for keep them warm and safe.

**Keep warm** It is vital that swimmers support the Team using a "Club Top" and clothes in accordance

Warm up/Swim Down It is important that all swimmers arrive in time to do the warm up and also to do the swim down after the races if the facilities are available.

Tell Swimmers to Talk to the Coach before and after the race! Ask swimmers to do it. The Coach is the best & right person to get race tips before the race and feed back after the race.