

# County Sligo Swimming Club

## Head Coach - Level 3



### About the Role

County Sligo Swimming Club (CSSC) are seeking applications for a Head Coach (Level 3) who will continue to develop and lead established competitive and non-competitive programmes and swimming squads.

Location: Sligo Regional Sports Centre, Cleveragh, Co. Sligo  
Start date: September 2021  
Hours: 18.75 Coaching hours per week (+ administration) and attendance at competitions and events  
Reporting to: CSSC Committee  
Salary: Remuneration will reflect level and experience.

### About the Club

CSSC is based out of Sligo Regional Sports Complex and is one of Connacht's premier swimming clubs. We are a competitive swimming club with 128 members and take an active role in the vibrant Irish swimming scene, competing at local, national and international level.

We strive to provide a safe, positive and competitive environment for all our members. The club teaches swimmers at all times to have respect for themselves, their coaches and other competitors.

For more information on the club visit our website at [www.sligoswimclub.ie](http://www.sligoswimclub.ie).

### Qualifications

- Minimum of Swim Ireland Level 2 Swimming Coach (or equivalent). Swim Ireland Level 3 Swimming Coach qualification (or equivalent) is preferable
- Swim Ireland or Sport Ireland Safeguarding Level 1 Certificate
- Garda vetted Swim Ireland
- Swim Ireland coach license

### Applications

Please apply to [secretary@sligoswimclub.ie](mailto:secretary@sligoswimclub.ie) with CV, details of all relevant qualifications, updated insurance and references.

**Closing Date:** Applications should be submitted by 25<sup>th</sup> June 2021.

### Duties

The Head Coach will carry out such duties as are assigned by the CSSC Committee including:

- To provide a positive and safe environment for all CSSC Members
- To deliver a technical programme for competitive swimmers, following Swim Ireland LTAD (Long Term Athlete Development Plan)
- Manage the CSSC Coaching Team to deliver the coaching programme
- Have an understanding and be aware of CSSC Training Group movement criteria
- Ensure all swimmers, at all levels, are coached and trained to meet their full potential
- To be a positive role model, creating a positive environment in which to motivate and encourage member to participate in swim sessions
- Evaluate sessions and give feedback
- Travel to competitions and events as agreed with Committee
- Support the Club and the Committee in its efforts to ensure financial security
- Attend continuing education offerings for swimming coaches.

### Skills

- Hard working and passionate about swimming
- Have a strong understanding of stroke mechanics and training principles
- Excellent interpersonal skills
- Strong leadership and communication skills
- Excellent prioritisation, organisational and problem-solving skills
- Must be self-motivated with the ability to enthuse a wide range of participants
- Ability to manage the Coaching Team effectively
- Ability to manage a group of participants effectively
- Team player with the ability to collaborate.